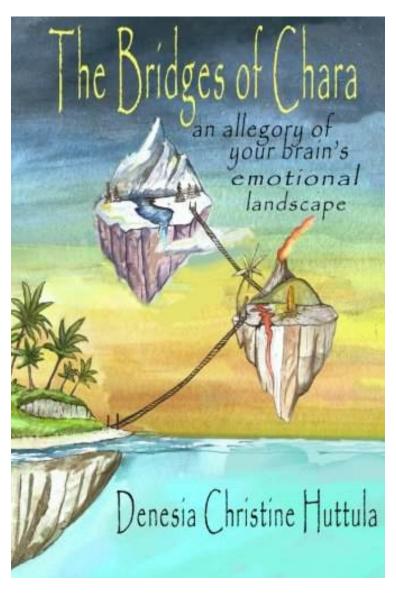
## The Bridges of Chara: an allegory of your brain's emotional landscape

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1 of 1 review helpful Great book for kids too By M This book is wonderful It helps us live the life God intended for us to live I read it myself recommended it to a friend who loved it and read it to her kids Now I m reading it to my kids It s really incredible how Denesia Huttula took such complicated brain science and made it so simple and easy to implement that even a child can understand In a perfect wo The Bridges of Chara an allegory of your brain s emotional landscape is a story about a young woman who winds up on the island of Chara Chara is the Greek name for Joy and everything on Chara feels like joy She soon discovers that there are other islands nearby that she must learn to travel to islands like fear anger sadness disgust and hopeless despair She quickly discovers that these are important valuable places to visit but they are not good places to ca From the Author This book is a great introductory story that will help you begin to understand where your emotions fit in to your faith and relationship with the Lord I would encourage you to go even deeper by joining me in an online group study These groups

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